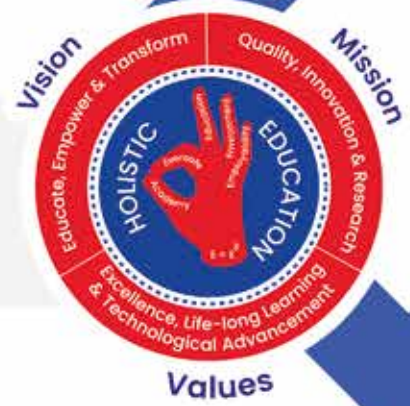




**EVERSAFE ACADEMY**  
Steps To Success



**YEAR**

**OF  
EA JOURNAL**

SEP 2023

*"Bridging Ideas and Innovations:  
Where Research Meets Excellence"*



[www.eversafe.edu.sg](http://www.eversafe.edu.sg)

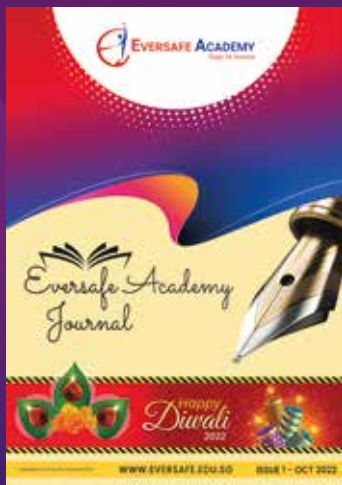
| English Issue



1 YEAR OF

# EA JO

OCTOBER 2022 -



OCT-2022



NOV-2022



DEC-2022



JAN-2023



FEB-2023



MAR-2023

Thank you for your overwhelmingly positive response to the EA Journal, Delighted to share the EA journal's 1<sup>st</sup> anniversary.

# Journal



SEPTEMBER 2023



APR-2023



MAY-2023



JUN-2023



JUL-2023



AUG-2023



SEP-2023

We'll keep you informed with the newest facts and knowledge.  
**Please continue to support us.**

Scan the QR to read our Journal Issues



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8. HEALTH & FITNESS PROGRAMMES (STAFF & STUDENT)



# EVENTS

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# MD's Message



Welcome to the 12th Issue of Eversafe Academy Journal for September 2023.

We are most pleased to celebrate the 1st year of our EA Journal!

We have achieved a praise worthy milestone of providing a monthly informational journal with trending news, knowledge on the WSH industry, testimonials and motivational stories, health facts and safety puzzles, carefully curated for the professional community, adult learners and the migrant workers in 6 languages.

#### **YOGA FOR HUMAN EXCELLENCE (FOUNDATION) COURSE – 1ST BATCH**

I am pleased to share that Eversafe Academy has started Yoga for Human Excellence (Foundation) course at our SKY MEDITATION CENTRE and classes are conducted separately for Male and Female participants

#### **DATA PROTECTION TRUSTMARK (DPTM) CERTIFICATION JOURNEY**

We have started the process towards attaining the Data Protection Trustmark (DPTM) enterprise-wide certification to demonstrate accountable data protection practices for our students, customers and key stakeholders.

#### **TRADEMARK REGISTRATION OF EVERSAFE ACADEMY WITH IPOS**

Eversafe Academy has started the process of trademark registration of our organisation with the Intellectual Property Office of Singapore (IPOS).

#### **40 INTERNATIONAL AGENTS REGISTERED WITH EVERSAFE ACADEMY**

We welcome onboard our wide selection of 40 International Agents who are currently helping Eversafe Academy to recruit students for our Diploma courses in Asia.

# MD's Message



## 3 NEW SKILLS-BASED COURSES FOR PROFESSIONALS

Eversafe Academy is developing and will be launching 3 more new Skills-based Courses for soon in Q3/Q4 2023.

1. Safe and Efficient Operation of Overhead Crane (SEOOHC)
2. ChatGPT Essentials for Safety Professionals
3. Fire Watchman safety course

## 133 COURSES FOR PROFESSIONALS, ADULT LEARNERS AND MIGRANT WORKERS

Eversafe Academy has been increasing our Academic and Professional courses and we are most pleased to announce that we have a total of 133 courses for professionals, adult learners and migrant workers to choose from in their upskilling journey.

## 17 SDU/CPD POINTS COURSES FOR PROFESSIONAL DEVELOPMENT OF TRAINERS

Eversafe Academy has launched 1 new SDU Points course – "Train-the-Trainer Lifting Plan" for trainers in their professional development journey, making it a total of 17 SDU/CPD Points Courses available for Professional Development of Trainers.

**R. MURUGESH**  
(MANAGING DIRECTOR)  
EVERSAFE ACADEMY PTE LTD



# Our Achievements



Since 2008

WE HAVE SUCCESSFULLY TRAINED & GRADUATED

681605+  
Counting

WE PROVIDE TRAINING FOR

## WSH Courses

- Worker Level
- Supervisor Level
- Manager Level
- Professional Level

## Diploma Courses

- Diploma (1 Year)
- Advanced Diploma (1 Year)

## Yoga Courses

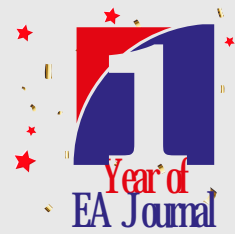
- Foundation Course
- Kayakalpa Course
- Introspection Course
- Children Yoga



“DEVELOP A PASSION FOR LEARNING NEW THINGS!”



# Features & Highlights



Our EA Safety Committee was created comprising of EA Management and selected highly experienced WSH Trainers with a focus on the daily safety surveillance and safety reviews of our 4 training branches. August month meeting was conducted on 7th August 2023 at our Wan Lee location.

The meeting was headed by our Managing Director Mr. Murugesh along with the 11 other members.

## EA SAFETY COMMITTEE MEMBERS MEETING

 7<sup>TH</sup> AUGUST 2023  WAN LEE BRANCH



## CODE OF PRACTICE - CHIEF EXECUTIVES' AND BOARD OF DIRECTORS' WORKPLACE SAFETY AND HEALTH DUTIES - YEAR OF ISSUE: 2022

This Code of Practice serves to enhance the understanding of the WSH Act and reinforce the responsibility of Company Directors in upholding workplace safety. It offers valuable resources to support Directors in fulfilling their duties and maintaining WSH standards.

The Code of Practice was launched by Dr Tan See Leng, Minister for Manpower, at The Singapore WSH Conference 2022 on 19 September 2022.

### Scope

This Code of Practice Guides Company Directors in their crucial role of ensuring workplace safety and health. It outlines their responsibilities, including integrating WSH into decisions, cultivating a robust WSH culture, maintaining effective management systems, empowering workers, and ensuring compliance with regulations.

### Purpose

Company Directors play a pivotal role in shaping the safety culture of their organizations. By exercising their influence over workplace resources and priorities, they set the tone for effective WSH practices. As stipulated in Section 48(1) of the Workplace Safety and Health Act (WSH Act), Company Directors are accountable for ensuring their workers' safety and health. This Code of Practice outlines desired outcomes in organizational systems and culture that Company Directors should strive to achieve in order to comply with the WSH Act. It also provides practical examples of reasonably practicable measures that Company Directors can adopt to achieve the desired WSH standards and culture.



# Industry News & Trends



## Principles and Measures

### General

This section provides a detailed breakdown of the principles and corresponding measures that Company Directors can employ to foster a safe and healthy work environment.

### Principle 1:

Ensure WSH is integrated into business decisions and have clarity of roles and responsibilities of Chief Executive and individual members of the Board of Directors in leading WSH.

#### Measures:

- Assign and document WSH roles and responsibilities of individual Company Director(s).
- Establish the WSH policy, standards, and strategic goals for the organization.

### Principle 2:

Continuously build a strong WSH culture, set the tone and demonstrate visible leadership in embodying and communicating highly effective WSH standards.

#### Measures:

- Publish the organization's WSH commitment and review, endorse, and track the organization's WSH targets and performance regularly.
- Set WSH as a regular agenda item in management/board meetings.
- Ensure sufficient resource allocation to WSH.
- Facilitate direct reporting of WSH issues to the Company Director
- Acquire WSH knowledge
- Conduct engagements to understand processes, workers' concerns, and communicate the need to prioritize WSH.
- Set and demand effective WSH standards and performance from vendors and partners

### Principle 3:

Ensure that WSH management systems are highly effective and reviewed regularly.

#### Measures:

- Ensure effectiveness of WSH management systems and maintain oversight of compliance with safe work procedures.



# Industry News & Trends



- Ensure suitable, adequate, and timely risk assessment.
- Recognize and reward workers' efforts toward achieving good WSH performance
- Endorse immediate remedial/disciplinary actions to address workers' repeated non-compliance with safe work procedures.

## **Principle 4:**

Empower workers to actively engage in WSH.

### **Measures:**

- Ensure processes are in place for workers to receive information on WSH risks and safe work procedures in a timely manner.
- Set up reporting systems, encourage proactive reporting, and ensure proper follow-up to address WSH issues.
- Commit resources and protected time for workers to undergo WSH training and refresher courses.
- Involve workers in the joint development and implementation of strategies/programs to improve WSH.

## **3. Resources**

### **General**

- Various resources are available to support Company Directors in fulfilling their WSH duties.

### **Capability and Culture Building**

- Several programs, such as StartSAFE, bizSAFE, CultureSAFE, Total WSH, and WSH Advocate, assist organizations in enhancing their WSH capabilities and culture.

### **Mental Well-being at the Workplace**

- Resources like iWorkHealth and A Playbook on Workplace Mental Well-being promote the mental well-being of workers.



# Industry News & Trends



## WSH Technology

- The WSH Tech Resource Guide highlights available technology solutions to address WSH challenges.

## Check Company's WSH Performance

- CheckSAFE allows organizations to assess and compare their WSH track records, aiding informed vendor/partner selection.

## Report Workplace Incidents or Unsafe Workplace Practices

- Online channels provide avenues for reporting WSH incidents and unsafe practices to the relevant authorities.

## Other Resources

- Resources like the Code of Practice on WSH Risk Management, WSH Alert, and WSH Bulletin offer guidance and updates to enhance WSH practices.

## Conclusion

This Code of Practice outlines key principles and measures for Company Directors to nurture a strong workplace safety and health culture. By following these guidelines, Directors fulfill legal duties, safeguard workers' well-being, and enhance business outcomes. Their commitment ensures safety, positive reputation, and a brighter future for all stakeholders.



**Thanikachalam Rameshkumar**  
Head - Academic Department  
Eversafe Academy Pte Ltd.

Source: Workplace Safety and Health Council, Singapore

<https://www.tal.sg/wshc/resources/publications/codes-of-practice/cod-e-of-practice-on-chief-executives-and-board-of-directors-wsh-duties>

## The Indecisive Frog

Once the frog fell into a hot water. The water was still on a gas stove. The frog still wasn't trying to jump off the ship, instead he stayed there. When the water temperature began to rise, the frog was able to regulate its body temperature accordingly. As the water began to reach the boiling point, the frog was no longer able to keep up and maintain his body temperature according to water temperature.

The frog tried to jump out of the vessel but with the water temperature reaching its boiling point, the frog was unable to do it and was unable to cope. At last the frog died and lost its life.

**What was the reason a frog didn't make it? Will you blame the hot water for this?**

### **MORAL**

Sometimes in life, things don't happen the way we want them to be. But no matter how unhappy we are with the situation, it is important to take action so that we can face the problem head-on. The frog was undecided and stubborn. Instead of jumping straight out of the water, he waited until he could no longer stand the heat, dying in the process. Know when to adapt to certain situations and take appropriate measures before it's too late!



# OUR TRAINERS

Our MD Mr Murugesh presented the monthly Trainer Excellence Pathway (TEP) Certificate of Appreciation for July 2023's Exemplar Trainer.



# Student Testimonials



Endorsement of our Commitment to our **Students and Customers**  
Some of the endorsements and feedback from our **Valued Students**

**1.** Student Name:  
**Sai baba Reddy**

Course Name:  
**Level B**

**#YourFeedbackMatters**

I really appreciate your services good response to my messages and They will answering to doubts thank for every thing really good thank for your support.

**2.** Student Name:  
**Hasan Mehedi**

Course Name:  
**Level B**

**#YourFeedbackMatters**

I am thrilled to share about my experience with Eversafe Academy, where I recently completed a professional certificate course. I highly recommend Eversafe Academy to anyone seeking a private institution that truly cares about its students and provides exceptional service Thank you, Eversafe Academy, for your commitment to student success and for the wonderful experience I had as a student.

**3.** Student Name:  
**Danial**

Course Name:  
**Level B**

**#YourFeedbackMatters**

The faculty has been motivating throughout bringing out the best in me.  
I would like to thank you for your customer service for your strong support and guidance throughout the duration.

**4.** Student Name:  
**Jeba Suthan**

Course Name:  
**Level B**

**#YourFeedbackMatters**

you constantly help others meet their customer requests. Well done!  
Your loyal customer base is outstanding.come lot of repeat customers as a result. Great job!





# Client Testimonials



Endorsement of our Commitment to our **Students and Customers**  
Some of the endorsements and feedback from our **Valued Clients**

**1.** Company Name: **SAS M&E Pte Ltd** | Company Incharge: **Doris Ng** **#YourFeedbackMatters**

Thank you very much for your good and fast services provided to us all this while. It has been a great pleasure working with you.

**2.** Company Name: **Floorspec Pte Ltd** | Company Incharge: **Cindy Tang** **#YourFeedbackMatters**

Thank you so much for your good services and willing to assist my requirements

**3.** Company Name: **HEDA RENOVATION PTE. LTD.** | Company Incharge: **Agnes Phoon** **#YourFeedbackMatters**

I am honestly happy with Eversafe Academy services as they sounds friendly and helpful to me.

**4.** Company Name: **Mitsubishi Logisnext Asia Pacific Pte. Ltd.** | Company Incharge: **Andy Chai** **#YourFeedbackMatters**

My experience with your services are good, you did tried your best to provide quick response and details course information to me, thanks and appreciate it.



# Health & Fitness Programmes



## EverSafe Academy Health Contest – August 2023

The EverSafe Academy Health Contest for August 2023 continued its mission to promote a healthy lifestyle through daily physical activity. Participants were encouraged to aim for a daily step goal of 10,000 steps, fostering a commitment to an active and energetic routine.

We are delighted to announce the outstanding winners of the EverSafe Academy Health Contest for August 2023:



**Aparna**  
472,750 Steps

Congratulations to Aparna for securing the first-place position with an impressive 472,750 steps during August. Aparna's dedication to surpassing the daily step target is a testament to her commitment to a healthier lifestyle.



**Sujatha**  
368,565 Steps

Well done, Sujatha! With a total of 368,565 steps in August, you demonstrated commendable commitment to staying active and embracing a healthier way of life. Your efforts are an inspiration to us all.



**Jegadeesh**  
365,968 Steps

Congratulations to Jegadeesh for completing a remarkable 365,968 steps during the contest. Your consistent effort in walking daily is admirable and has earned you a well-deserved place among the top participants in this competition.

The EverSafe Academy Health Contest for August 2023 achieved great success, thanks to the dedication of participants like **Aparna, Sujatha, and Jegadeesh**. Their commitment to achieving and exceeding the **10,000-step daily goal sets a fantastic example** of how simple daily habits can lead to significant improvements in health and well-being.

We applaud all participants for their active involvement in the contest and for prioritizing their health. Let's continue to promote and embrace a healthy lifestyle at EverSafe Academy, inspiring others to join us on this journey. **Stay tuned for more exciting events and initiatives in the future!**

# Vitamin C

is important for growth and repair of all body tissues, helps heal cuts and wounds and keeps teeth and gums healthy

**GET YOUR DOSE OF VITAMIN C WITH THESE FOODS**



**ORANGES**



**TOMATO JUICE**



**BROCCOLI**



**KIWIFRUIT**



**KALE JUICE**



**STRAWBERRIES**

# Fun with Puzzles & Games



**WHAT ARE THE 3 KEY COMPONENTS OF TOTAL WSH?**



Q	I	F	U	I	J	A	E
N	R	S	E	J	E	M	A
H	T	F	A	Q	W	I	O
E	K	K	W	F	U	O	X
A	O	S	K	O	E	W	X
L	V	Q	A	A	R	T	I
T	C	M	N	T	N	K	Y
H	E	U	O	J	A	F	T

**Hunt for the 3 words and circle them.**



Curated by : **Richard Sim**  
Academic Manager – Eversafe Academy.



**SCAN QR CODE TO SUBMIT YOUR COMPLETED MATCHING SAFETY CROSSWORD PUZZLE**

Please complete the matching puzzle for hazard signages and snap a picture to upload via our QR Code with your details for a chance to win prizes before 1st October 2023.

**Prizes**

- 1<sup>st</sup> **\$50**
- 2<sup>nd</sup> **\$40**
- 3<sup>rd</sup> **\$30**



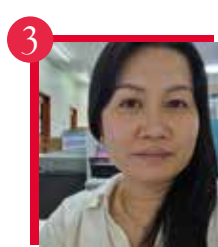
## Last Month Winners



MR. ALAGU  
PICHAI RAMU

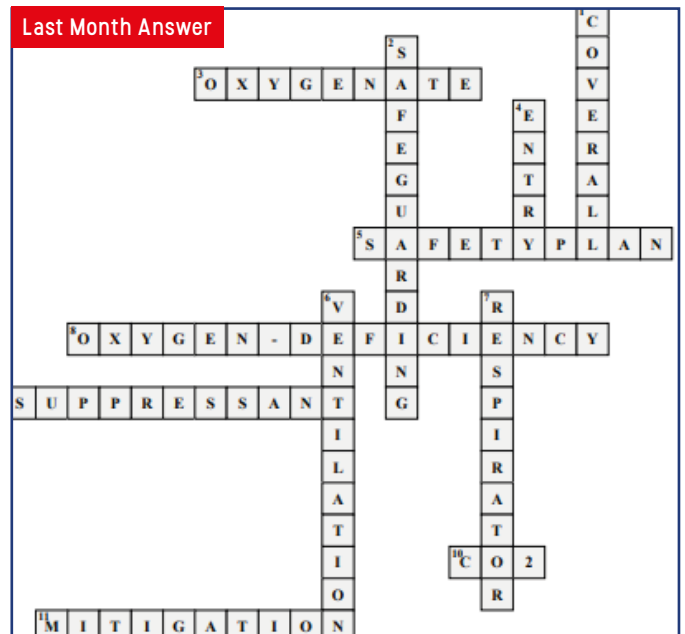


MR. SIVASAMY  
PRASATH



MS. WIRLYN

## Last Month Answer



# Social Media Presence



## Eversafe Academy – Reach and Impressions for August 2023

    
Social Media Views  
569

Mobile App Views  
31,361

 YOUTUBE IMPRESSION 233

 Eversafe Academy believes that creating awareness through Social Media can make a positive impact on the public and learning communities. Eversafe Academy has been producing helpful and informational videos on our YouTube Channel “Eversafe Academy”.  
*Some of the recent videos posted on our channel are*

SUBSCRIBE  
SCAN TO  
  
SCAN TO  
SUBSCRIBE

### 1. GENERAL VIDEOS:

Our general-themed videos are designed to be more informative, entertaining, and visually appealing to all kinds of audiences



### 2. COURSE INFORMATIONAL VIDEOS:

Engaging videos with course information such as contents, duration of the course, fee, and other details, to encourage and promote learning in-demand skills and courses to improve career advancement chances for various industries



### 3. National Day Wishes Video:

To celebrate Singapore National Day, We prepared a special video to extend our wishes to everyone.



# Corporate Social Responsibility - CSR Events



We have started offering **FREE YOGA** Classes for migrant workers, and we are most pleased to share that there was a high demand for this type of FREE classes, which forms part of our Corporate Social Responsibility (CSR) service by Eversafe Academy for the migrant worker community.

## Free Yoga Classes

September

3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>

October

01<sup>st</sup>, 08<sup>th</sup>

## Join Now!



### Our Featured Courses:

1. FOUNDATION COURSE
2. KAYAKALPA YOGA
3. INTROSPECTION COURSE (I, II & III)
4. CHILDREN YOGA
5. CERTIFICATE IN YOGA FOR HUMAN EXCELLENCE (CYHE)
6. DIPLOMA IN YOGA FOR HUMAN EXCELLENCE (DYHE)



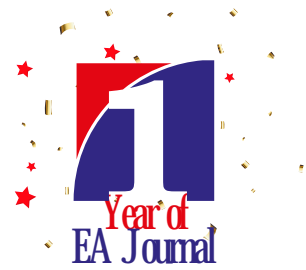
Scan QR to  
View Our  
Courses  
details.

**For more info**

Call - +65 6297-8417 | WhatsApp - +65 9381 3608

[www.eversafe.edu.sg](http://www.eversafe.edu.sg) | [training@eversafe.com.sg](mailto:training@eversafe.com.sg)

# Corporate Social Responsibility - CSR Events



As part of our CSR activities and with the motivation to promote safety, Eversafe Academy conducted a mass fire drill for the residents at Home Stay Dormitory at Kaki Bukit on 25th August 2023. The event was well received by the migrant workers.



# Latest EA Courses



Eversafe Academy  
is soon launching  
the below list of  
new courses.

1

Certificate Course in Data Communication and Networking (CCDCN)

2

Certificate Course In Air-Conditioner Maintenance And Service Techniques (CACMST)

3

Certificate Course in CCTV Installation and Surveillance Systems (CCISS)

4

Certificate Course in Security and Access Control Systems Installation (CSACSI)

5

Certificate Course in Laptop / Personal Computer Troubleshooting and Maintenance (CLPCTM)



## ENQUIRE TODAY!

To view our  
courses  
Scan QR



[www.eversafe.edu.sg](http://www.eversafe.edu.sg)



Cert No : EDU-2-2153  
Validity : 7/8/2022 to 6/8/2026

CPE Reg No: 200813706C Period of  
PEI Reg 14 Sep 2023 to 13 Sep 2027



# Upcoming Events



## Corporate Social Responsibility (CSR) Activities by Eversafe Academy

- 10<sup>th</sup> Sep 2023
- 17<sup>th</sup> Sep 2023
- 24<sup>th</sup> Sep 2023
- 01<sup>st</sup> Oct 2023
- 08<sup>th</sup> Oct 2023
- 15<sup>th</sup> Oct 2023

We are excited to share that we have been providing free computer course classes regularly for migrant workers since Feb 2023. This is part of our Corporate Social Responsibility (CSR) activities by Eversafe Academy. The response to these free classes has been extremely positive, with high demand from the migrant worker community. **We are proud to share that 16 migrant workers are currently benefiting from these classes.**

Timing: 6 PM to 9.45 PM

Location: Eversafe Academy Pioneer Branch  
Soon Lee Street, Pioneer Junction,  
Singapore 627606



.....

**BOOK  
NOW**



**For  
more  
info**

Call - +65 6297-8417 | WhatsApp - +65 9381 3608  
[www.eversafe.edu.sg](http://www.eversafe.edu.sg) | [training@eversafe.com.sg](mailto:training@eversafe.com.sg)

Current worker students and migrant workers who wish to attend this **Free Computer Class** can register with their email address and contact numbers.

2. EA will be organizing  
**Environment Cleaning activity**  
on **23rd September 2023**



# Join us



## We are **Hiring**

### OPEN POSITIONS:

1. BUSINESS DEVELOPMENT MANAGER
2. SALES & MARKETING EXECUTIVE
3. TEACHERS FOR DIPLOMA COURSES
4. WSH TRAINERS



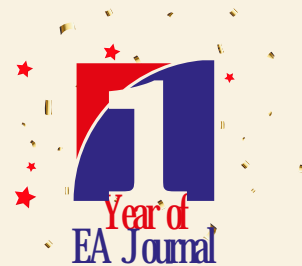
# JOIN US

**FORWARD YOUR RESUME TO**  
[hr1@eversafe.com.sg](mailto:hr1@eversafe.com.sg)  
Call: +65 9059 6339



[www.eversafe.edu.sg](http://www.eversafe.edu.sg)

# About Eversafe Academy



Eversafe Academy is a well-established training institute providing innovative training to meet the needs of the adult learners and PMETs of Singapore and regionally. We are one of the well-known Training Providers in the WSH sector, with a team of highly experienced and dedicated safety professionals who are trained and capable in the implementation of workplace safety, corporate loss control and regulatory compliance. We have a group of experienced engineers who can assist in the implementation and establishment of various management systems.

We shape the safety skill sets of workers, Supervisors and Managers to ensure that they have adequate knowledge to carry out their works safely. We also organize training for corporate companies.

We provide professional advice and manage a safe workplace for you by providing method statements, risk assessment, safe work procedures and other essential professional consultancy services. We are also accredited with a 4-year EduTrust Accreditation quality standard mark as part of the recognition of our excellence in quality teaching and student experiences as a registered Private Education Institute.



For more information  
visit - [www.eversafe.edu.sg](http://www.eversafe.edu.sg)



To view our  
YouTube Channel





**Thank You!**  
We hope you enjoyed our  
**12<sup>th</sup> issue of EA Journal**

**FOLLOW US!** /eversafeacademy



[www.eversafe.edu.sg](http://www.eversafe.edu.sg)

## Island wide 4 Locations



No.2,  
Kampong Kapor Rd,  
Little India  
Singapore 208674



No.3,  
Soon Lee Street, #04-14,16,17  
Pioneer Junction,  
Singapore 627606



No.2,  
Joo Koon Road,  
Singapore 628966



No.2,  
Wan Lee Road,  
Singapore 627934







WE ARE  
ALWAYS WITH YOU  
FOR YOUR  
TRAINING NEEDS.

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SINGAPORE  
Cert No : EDU-2-2153  
Validity : 7/8/2022 to 6/8/2026

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Our Website



**EMERGENCY HOTLINE NUMBERS**

- |                    |      |            |               |                     |               |
|--------------------|------|------------|---------------|---------------------|---------------|
| • POLICE           | 999  | • MOM      | 6438 5122     | • PUB               | 1800 225 5782 |
| • FIRE / AMBULANCE | 995  | • NEA      | 1800 225 5632 | • COMFORT / CITYCAB | 6552 1111     |
| • NON EMERGENCY    | 1777 | • SP POWER | 1800 778 8888 | • SMRT              | 6555 8888     |