



EA JOURNAL

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SELAMAT HARI RAYA PUASA
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**WE'LL KEEP YOU INFORMED
WITH THE NEWEST FACTS AND KNOWLEDGE.
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Journal Issues



Welcome to Eversafe Academy's 19th edition of the EA Journal for the month of April 2024!

In this issue, we continue our exploration of discovering learning opportunities and bringing together diverse perspectives and initiatives to address global challenges faced in maintaining good health. Join us as we delve into the intersection of ethics, evidence, and empathy, sparking dialogue and inspiring action for a better world.

1. Celebrating Women's Power: Eversafe's Women's Day Event

In honor of Women's Day, Eversafe organized a vibrant celebration to recognize and uplift the invaluable contributions of women. Led by Mdm Oh, the Director of Strategic Development & Quality assurance, the event commenced with an inspiring inauguration speech highlighting the indomitable spirit and resilience of women.

Throughout the festivities, attendees participated in engaging party games that fostered camaraderie and laughter. The dance floor came alive with energy as women showcased their talents and celebrated their achievements together and ended with a delectable dinner.

The meaningful celebration reaffirmed Eversafe Academy for its commitment to championing gender equality and creating opportunities for women to thrive in every sphere of life. This celebration stands as a testament to the unwavering dedication and hard work of women everywhere, inspiring future generations to reach for the stars and beyond. Together, we can build a brighter future where women's contributions are recognized, valued, and celebrated every day.

2. Nurturing Wellness: Eversafe Academy's No Boil, No Oil Initiative

At Eversafe Academy, we recognize that the well-being of our staff is paramount to our success. In a world where fast-paced living often leads to compromised health choices, cultivating a culture of health consciousness is imperative.

To address this challenge head-on, Eversafe Academy proudly initiated the No Boil, No Oil program. Spearheaded by Doctor Maheshwari, an expert in nutrition and wellness, this innovative program aims to promote the value of wholesome food choices in our daily lives.

Doctor Maheshwari introduced Ms.Kannamma Neelakandan who opened the first hotel for No Oil and No Boil in Chennai, Tamilnadu. As part of the program, a specially curated lunch was prepared for our staff of 100 with different types of "No Boil, No Oil" food, allowing participants to experience first-hand the flavors and benefits of this nutritious approach to eating. This served as an opportunity for staff to not only taste the

food but also to engage in discussions about making sustainable lifestyle changes.

Eversafe Academy remains steadfast in its commitment to prioritizing the health and well-being of its staff. The No Boil, No Oil initiative reflects our dedication to empowering individuals with the knowledge and tools needed to make informed choices for a healthier, happier life.

Together, we embark on this journey towards holistic wellness, knowing that by investing in our health today, we secure the wealth of our future.



3. Master Medical Check-up

At Eversafe Academy, we prioritize the health and well-being of our employees. We firmly believe that "prevention is better than cure". With this principle in mind, we are proud to introduce a comprehensive Master Medical Check-Up program to all our staff, completely free of charge effective from Apr 2024. This initiative underscores our commitment to ensuring the longevity and vitality of our workforce.

Key Benefits of Master Medical Check-Up:

- Early Detection of Health Issues
- Comprehensive Evaluation
- Physical Examination
- Laboratory Tests
- Imaging Studies
- Specialist Consultations
- Lifestyle Guidance
- Employee Empowerment
- Enhanced Productivity and Morale:



To summarize, at Eversafe Academy, we recognize that our employees are our most valuable asset. Through our Master Medical Check-Up program, we aim to prioritize preventive healthcare and empower our staff to lead healthier, more fulfilling lives. By offering this comprehensive initiative free of charge, we underscore our commitment to fostering a workplace environment that values and prioritizes employee well-being. Together, let us embark on a journey towards better health, ensuring that "prevention is better than cure" remains more than just a saying, but a guiding principle in our workplace culture.

4. Free Medical Consultancy with Sidha Doctor

Building upon our commitment to holistic employee well-being, Eversafe Academy is pleased to introduce an additional component to our Master Medical Check-Up program. In addition to conventional medical evaluations, we now offer free medical consultancy sessions with a SIDHA Doctor. This enhancement reflects our dedication to providing comprehensive healthcare options that cater to the diverse needs and preferences of our staff.

The benefits of Sidha Medical Consultancy are as follows:

- Diverse Healthcare Options
- Second Opinion Resource
- Holistic Wellness Approach
- Cultural Sensitivity and Inclusivity



The addition of free medical consultancy with a SIDHA Doctor to our Master Medical Check-Up program reflects Eversafe Academy's commitment to providing inclusive and comprehensive healthcare solutions. By embracing diverse healthcare modalities and accommodating the preferences of our staff, we reinforce our dedication to promoting holistic well-being in the workplace. Through this initiative, we empower employees to explore alternative healthcare approaches and make informed choices that support their overall health and wellness. Together, let us continue to prioritize the diverse healthcare needs of our workforce and foster a culture of inclusivity and well-being.

5. Free Yoga class for all full-time staff

We are excited to announce a new initiative aimed at promoting holistic well-being among our staff. From April 2024, Eversafe will be offering free yoga classes to all our full-time and associate employees. In today's fast-paced world, prioritizing our health and well-being is more important than ever. Yoga offers a powerful combination of physical exercise, mental relaxation, and spiritual rejuvenation, making it an ideal practice for fostering overall wellness.

These yoga classes are not just about physical fitness; they're about cultivating a balanced lifestyle and nurturing a sense of inner peace. Whether you're a beginner or an experienced yogi, everyone is welcome to participate and experience the benefits first-hand.

Details regarding class schedules, locations, and registration will be provided in the coming days. We encourage all interested employees to take advantage of this opportunity to embark on a journey toward better health and vitality. Together, let's embrace the practice of yoga and empower ourselves to lead happier, healthier lives.

Conclusion

As we conclude this 19th edition of the EA Journal, we reflect on the diverse perspectives and insights shared, embodying the ethos of effective altruism. From ethical considerations to practical strategies, each article has contributed to our collective understanding of how to maximize positive impact. Let us carry forward these learnings with dedication and resolve, continuing to strive for a world where compassion and reason guide our actions.

Thank you for being part of this invaluable dialogue. Your feedback, comments, and shared experiences drive us to be better every day.

Stay tuned for more exciting content in the coming months!



Best Regards,



R. MURUGESH
(MANAGING DIRECTOR)
EVERSAFE ACADEMY PTE LTD



www.eversafe.edu.sg



2. OUR ACHIEVEMENTS



**2008
Year Established**



**200+
Dedicated Staffs**



**130+
Courses**



**1200+
Corporate Clients**



3. FEATURES & HIGHLIGHTS

EA SAFETY COMMITTEE MEMBERS MEETING

Our EA Safety Committee was created comprising of EA Management and selected highly experienced WSH Trainers with a focus on the daily safety surveillance and safety reviews of our 4 training branches. March month meeting was conducted on 25th March 2024 at our Little India location. The meeting was headed by our Managing Director Mr. Murugesh along with the 11 other members.



2. VISIT TO NURSING HOME

From Eversafe Academy, we visited Man Fut Tong Nursing Home on 27th March 2024.



“The purpose of human life is to serve, and to show compassion and the will to help others.”

— Albert Schweitzer



3. EA HAS CONDUCTED FREE COMPUTER CLASSES IN THE MONTH OF MARCH 2024



WORK-AT-HEIGHT SYMPOSIUM 2024

- The Work-at-Height Symposium 2024, held on March 19, 2024, provided a comprehensive overview of the latest advancements and trends in work-at-height (WAH) safety. With falls from height remaining a significant concern in occupational safety, the symposium served as a platform for industry leaders, safety experts, and professionals to discuss innovative approaches and share best practices aimed at mitigating risks associated with working at height.
- One of the key highlights of the event was the announcement by Mr. Abu Bakar Mohd Nor, Chairman of the WSH Council Taskforce, regarding the release of new ladder safety resources. With falls from ladders accounting for a significant portion of major and minor injuries, these enhanced resources, including safety packs, videos, and animated GIFs, are expected to play a crucial role in promoting ladder safety across various industries.
- Moreover, companies like Zheng Keng Engineering & Construction showcased their proactive approach towards fall prevention and protection by integrating WSH technologies into their practices. This integration not only enhances safety but also underscores the importance of adopting technological solutions to mitigate risks effectively.
- Another significant presentation was by Haulotte Singapore, which highlighted the latest safety technologies and innovations in Aerial Work Platforms (AWPs). By incorporating exemplary practices, these advancements contribute to the overall enhancement of safety measures during the use of AWPs, addressing concerns regarding equipment safety and operator protection.

Furthermore, the symposium addressed psychological and behavioral aspects of WAH safety, emphasizing the importance of understanding motivators behind behavior and implementing strategies to foster positive changes. By incorporating Human Factors Engineering principles into safety interventions, companies can effectively enhance safety cultures and reduce the likelihood of incidents.



WORK-AT-HEIGHT SYMPOSIUM 2024

- Additionally, the commitment of eight industry associations to WAH safety is commendable. Their call on member companies' top management to establish WSH reporting channels, empower workers to stop work if they feel unsafe, and include WAH safety criteria in procurement policies demonstrates a collective effort towards prioritizing safety.
- In his opening address, Mr. Abu Bakar Mohd Nor highlighted the achievements and challenges in WAH safety, stressing the need for continued vigilance despite positive milestones. He addressed concerns regarding falls from height, particularly emphasizing ladder safety and the need for industry-wide support.
- Mr. Abu Bakar also emphasized the WSH Council's support through the development of resources and encouraged industry commitment to WAH safety. He commended the eight industry associations for their pledge towards safety and urged all attendees to foster a culture of WSH ownership for a safer future.
- In conclusion, the Work-at-Height Symposium 2024 highlighted the ongoing efforts and advancements in WAH safety. By embracing technological innovations, addressing psychological factors, and fostering a culture of safety, the industry continues to progress towards ensuring the well-being of workers engaged in tasks at height.



Thanikachalam Rameshkumar
Head – Academic Department
Eversafe Academy



SAFETY ARTICLE

As a safety professional for about 20 over years, I've had the opportunity to witness the gradual transition of the health and safety system in Singapore from a prescriptive approach that emphasized regulatory compliance to a risk-based approach that borders on evaluating risks and initiating actions to control them. The transition process also saw the transformation of safety professionals from those who were under-competent due to a weak training and assessment structure to more competent persons groomed by a later refined robust modular system of training and evaluation.

For me, in addition to the safety training and certification I had received, my years on the job had been formative in molding my safety skills when I had to deal with less cooperative contractors without, and hypocritical site leadership who had no interest to "walk the talk" in safety matters. It is through such complexities of work-related interactions that I learnt the true meaning of "FIRST" in Safety First. "FIRST" is a pragmatic concept that embodies the qualities I had learnt to apply in executing my safety role in the workplace.

The F in "FIRST" is the quality of FEASIBILITY. The Webster Dictionary defines this word as "capable of being done or carried out". Project or operational teams are usually concerned with the timely completion of constructing a building or manufacture of products respectively. The successful shipping of an oil drill tool out from the shop floor translates into revenue for the company. Similarly, a building project has to be built in accordance with the set milestones to achieve temporary occupational permit for the owner to move in.

As a safety professional it is imperative that he/she unequivocally demonstrates similar concerns to the successful completion of the said tasks and goals, the only difference being the additional concern for preserving life and limb. Therefore, the recommendations or suggestions the safety professional offers as control measures for mitigating safety lapses must be feasible to the point that the work in progress is not hampered by unreasonable risk controls that could result in delays or stoppages.

"Therefore, the recommendations or suggestions the safety professional offers as control measures for mitigating safety lapses must be feasible to the point that the work in progress is not hampered by unreasonable risk controls that could result in delays or stoppages"



REFLECTIONS OF A WORKPLACE SAFETY PROFESSIONAL

The next quality that is to be considered in "FIRST" is represented by the letter I, which refers to INITIATIVE. Safety professionals should take the initiative in attempting to resolve issues in safety and health. Such initiative can only come about when the safety professional is grounded in technical and regulatory knowledge, familiar with shop-floor or site processes, activities and tasks carried out, and well exposed to industrial practices.

In addition, he walks the ground to make observations of unsafe acts and conditions that create hazardous situations, intervenes to evaluate the risks, and initiates actions that will result in acceptable controls being implemented as solutions to the prevailing hazards. I had many a time been able to win the confidence and trust of the project manager because of initiatives I had demonstrated in the projects involved. Each time I sat down with project managers, be it American, Japanese or local, they were willing to "lend me their ears" to hear out what resolutions I brought to the table.

"Safety professionals should take the initiative in attempting to resolve issues in safety and health"

The third letter of "FIRST" is the quality of being REASONABLE. To me, reasonableness can be interpreted as the skilful technique of moderating between costs incurred and benefits accrued. One obvious reason why safety professionals "Therefore, the recommendations or suggestions the safety professional offers as control measures for mitigating safety lapses must be feasible to the point that the work in progress is not hampered by unreasonable risk controls that could result in delays or stoppages"

"Safety professionals should take the initiative in attempting to resolve issues in safety and health"

fall out with the project or operational team members is their inability to demonstrate reasonableness when presenting solutions to safety-related problems. More oftenthan not safety professionals tend to recite the common mantra of regulatory requirements and penalty culpability. They fail to facilitate their presentation or recommendations with solutions that comply with regulatory requirements while ensuring such recommendations are not grossly disproportionate between the cost of averting risks and the benefit enjoyed from averting such risks. I was once caught in a difficult situation when I was overseeing the health and safety in the plant.

A sub-contractor was called in to install additional racks for storing chemicals in the bulk storage section of the warehouse. He had to carry out hot-work activities like cutting and welding works which generated fumes and smoke that contaminated the air in the plant. After reviewing the time and duration of the tasks, and the cost and effort involved in atmospheric testing, supplying local exhaust ventilation and respirators, we proposed that the job be planned properly in such a way that all hot works will be carried out in an allocated spot outside the plant before bringing the fabricated parts to install the rack. This satisfied all stakeholders concerned.



“One obvious reason why safety professionals fall out with the project or operational team members is their inability to demonstrate reasonableness when presenting solutions to safety-related problems”

S is the next letter in “FIRST” which refers to the quality of being STEADFAST in the role as safety professionals. The Webster Dictionary defines steadfastness as “firm in belief, determination, and adherence”. A good safety professional will be one who is immovable in his belief that health and safety is paramount to the success of the project or operations, having sheer determination to set the standard in health and safety throughout the organization, and elicit adherence to safety and health procedures and practices. The failure of a safety professional is when he or she begins to waver, and succumbs to compromises that undermine the safety of lives and limbs. In one project my unwavering belief was put to the test.

I established a safety policy that body harness shall be donned by respective personnel from every levels of the organization, including the client, suppliers and authorities. Many were sceptical about the successful launch of such a policy, questioning the policy’s credibility – citing reasons that body harness should only be worn when working at heights. My counter argument was that the common human behaviour on site by most personnel if not all is the tendency to elevate to heights without a body harness if they are not able to get hold of one.

In such instances, it is preposterous to even think that they would take the trouble to walk back to their office to put on the body harness. Others mocked that the policy is ludicrous, and deemed it rather cumbersome to be wearing a body harness to site let alone walking around with it when there wasn’t a need to. I stood firm in my belief in the policy, and insisted adherence to it. I was determined to ensure the policy is internalized in every person gradually, and become common behaviour just like wearing a safety helmet without question. The steadfastness paid off, and I had the privilege of seeing the donning of body harness becoming a common thing amongst the workforce prior to entering the site, work at heights or not.

“Steadfastness is defined as “firm in belief, determination, and adherence”



Last but not the least, the final letter in “FIRST” is the letter T. This refers to continual TRAINING and upgrading to stay abreast of time. It is already an ostensible fact that the government of Singapore is a strong advocate for training and education, and subsidises heavily towards life-long learning for adults to continually improve their skills. It is the same with a safety professional. Continually upgrading his skills and knowledge with relevant training will enable the safety

professional to be both confident and credible when it comes to offering advice to the project or plant manager on safety-related matters. A wise safety professional will not shun training, but to the contrary, will pursue competency through training “Steadfastness is defined as “firm in belief, determination, and adherence” courses and workshops in various disciplines. One area of discipline safety professionals should hone their skills is in cost comparison and analysis.

Instead of invariably chanting the mantra of regulatory and mandatory requirements, a safety professional should be trained to present a lucid comparison between costs incurred in an accident and the costs of implementing a reasonable control measure to avert such an accident. This sort of quantitative risk analysis will enable the project/plant manager to make appropriate decisions and lend support to implementation of cost-effective control measures. The safety professional’s credibility becomes obvious.

“A wise safety professional will not shun training, but to the contrary, will pursue competency through training courses and workshops in various disciplines”

In conclusion, the concept “FIRST” in Safety First should not just be a slogan shouted out as a daily morning routine in the workplace in hollow allegiance, but should and must become the doable qualities a safety professional can demonstrate in the workplace to be found worthy of pragmatism and credibility...values that speak volumes to his/her superiors and peers. Let each and every safety professional in the workplace be FIRST in safety.

Contributed by
John Mohan Duraisangam



5. MOTIVATIONAL STORY

P: 16

One day, the father of a very wealthy family took his son on a trip to the country with the express purpose of showing him how poor people live. They spent a couple of days and nights on the farm of what would be considered a very poor family.

On their return from their trip, the father asked his son, "How was the trip?"

"It was great, Dad."

"Did you see how poor people live?" the father asked.

"Oh yeah," said the son.

"So, tell me, what you learnt from the trip?" asked the father.

The son answered: "I saw that we have one dog and they had four. We have a pool that reaches to the middle of our garden and they have a creek that has no end. We have imported lanterns in our garden and they have the stars at night. Our patio reaches to the front yard and they have the whole horizon.

"We have a small piece of land to live on and they have fields that go beyond our sight.

"We have servants who serve us, but they serve others. We buy our food, but they grow theirs.

"We have walls around our property to protect us, they have friends to protect them." The boy's father was speechless. Then his son added, "Thanks Dad for showing me how poor we are."



Moral: It is not about money that makes us rich, its simplicity, love, compassion, friendship, values, family that makes our lives rich.

**Adapted from the original
G. Rambu Paul Dhinakaran
(Senior Manager – Human Resources)**



6. OUR TRAINERS



Our MD Mr Murugesh presented the monthly Trainer Excellence Pathway (TEP) Certificate of Appreciation for March 2024's Exemplar Trainer.



Selvaraj Pothiraj



MD Rakibul Islam



Ramzan Hosen Bhuia



Shamim Ahmed



MD Zakir Hossain



Ho Zi Ming



6. TESTIMONIALS (CLIENTS)

P: 18

Endorsement of our Commitment to our **Students and Customers**
Some of the endorsements and feedback from our valued Clients

Company name - ALEXIS CONSTRUCTION PTE. LTD
Company incharge - Tata Rachman
Course Incharge - Ms Riya



Dear Riya,
Thank you very much for your help. You give excellent service to us.
I really appreciated it. Have a nice weekend Riya.

Company name - LKP Engineering Pte Ltd.
Company incharge - Ms Priya
Course Incharge - Ms Nivedha



Hi Nivedha, It was a pleasure for me to writing the feedback form, I was provided with excellent service at your Academy, and I truly appreciate your prompt response. We sincerely appreciate your efficient, gracious customer service, the level of detail and accountability you have demonstrated each time. Look forward to working with you in the future.

Company name- CWMS PTE. LTD.
Company incharge-Nurin Nisa
Course Incharge-Ms Reshma



Hi Reshma,
So far so good service. Definitely will engage your company again for courses.

Company name-Aflex Ships Equipment Pte Ltd
Company incharge-Rose Li (Ms.)
Course Incharge-Sulphia



Dear Sulphia,
Thank you for your prompt reply and followed up by a call. It is a very good experience to work with you.
You always reply very fast and with polite. I appreciate your good service.
Hope we will have another chance to cooperate. Take care and all the best.



7. TESTIMONIALS (STUDENTS)

Endorsement of our Commitment to our **Students and Customers**
Some of the endorsements and feedback from our valued Clients

Student Name-TANG YIAW SING

Course Name-DQS

Course Incharge-Ms Rohini



Dear Eversafe,

Eversafe Academy has been an invaluable resource for me in my career progressive journey.

The courses are well-structured and informative, and the instructors are experienced and knowledgeable.

I have learned a lot from Eversafe Academy, and I highly recommend it to anyone looking to advance their career.

Student Name-Hasan Mehdi

Course Name-Level b

Course incharge name-Ms Kaushalya



I would like to declared that, customers service was very well from this customer Officer.

Immediate response, class arrangement was very good. So I'm feel well to your services, Thanks

Student Name-Dennis Chiun

Course Name-AWSHGT

Course in charge -Ms PRIYANKA



Hi Priyanka,

I wanted to extend my gratitude for your swift response, Your input is highly valued and greatly appreciated. Thank you once again for your assistance.

Student Name-

Course Name-Level b

Course incharge -Ms kaushalya



KAUSHALYA is doing a good job. she try to helps us as much as she can. she replies to our messages as soon as possible. it's really admirable.



EVERSAFE ACADEMY HEALTH CHALLENGE RESULTS

MARCH - 2024

**WE ARE DELIGHTED TO UNVEIL
THE OUTSTANDING ACHIEVERS OF
THE EVERSAFE ACADEMY HEALTH
CHALLENGE FOR MARCH 2024**



DURAI T P .ES

Leading the pack with an impressive total of 434,781 steps, Durai T P .ES has once again demonstrated an unwavering commitment to health and wellness, serving as an inspiration to us all.



APARNA

Heartiest congratulations to Aparna for her remarkable achievement of 424,886 steps, showcasing her consistent dedication to a healthy lifestyle. Aparna's perseverance greatly contributes to our collective pursuit of well-being.



ANITHA

Making a significant impact with 396,184 steps, Anitha deserves recognition for her dedication to health during the March challenge. Her participation enhances the positive culture of wellness at Eversafe Academy.

We extend our heartfelt appreciation to all participants who actively engaged in the March Health Challenge, fostering a culture of health and fitness within our organization. Let's continue to inspire & support each other in prioritizing our health. Stay tuned for more exciting events and initiatives in the upcoming months. Remember, every step brings us closer to a healthier and more productive lifestyle.



AN APPLE A DAY KEEPS THE DOCTOR AWAY

- ▶ Might Be Effective In Reducing The Risk Of Colon, Skin And Breast Cancers
- ▶ May Increase Protection Against Heart Disease
- ▶ May Help With Constipation
- ▶ May Lower The Risk Of Developing Breathing Problems
- ▶ May Improve Memory
- ▶ Might Help Avoid The Onset Of Alzheimer's Disease



Pepper is known to have anti- microbial properties that help heal various ailments from common colds to cancer. It is also a very good source of Iron and Vitamin K.



Brain Exercise at the Workplace

Benefits of playing Sudoku

Sudoku teaches fluid intelligence by requiring the same problem solving processes about 50 times each puzzle. To solve Sudoku puzzles, one must first recognize what information is relevant. Sudoku requires logical thinking and problem-solving skills, it is just one of many activities that can engage those cognitive abilities

How to play Sudoku?

Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square.

7			6	3				2
	1	2	5				7	6
6		8		2	7	4	5	
2	4	3		5				8
		7		3		2		1
			2	8			3	7
					9	8		
4					5	6	1	
3		5			2	7		



SCAN QR CODE TO
SUBMIT YOUR
COMPLETED
MATCHING SUDOKU
ANSWER

Please complete the matching Sudoku answers and snap a picture to upload via our QR Code with your details for a chance to win prizes before 1st May 2024.

Prizes **1ST** **\$50** **2ND** **\$40** **3RD** **\$30**

Last Month Winners

1.



SOHEL

2.



RAVICHANDRAN
DHARMASEELAN

3.



ROSAL MA
WIRLYN

Last Month Answer

Q	L	M	R	S	M	E	R	M	Q	O
W	C	A	L	M	N	E	S	S	W	I
E	E	P	K	D	Q	W	A	B	Y	U
S	X	P	L	F	W	Q	N	T	R	Y
A	C	R	P	A	E	M	E	C	O	T
T	V	E	P	L	R	I	P	X	T	R
I	B	C	Q	L	X	R	A	Z	R	E
S	N	I	W	S	A	V	T	L	U	W
F	M	A	I	H	D	C	Y	U	D	T
A	Q	T	S	K	M	O	A	A	S	M
C	A	I	R	R	I	L	U	E	N	M
T	L	O	P	L	R	L	R	G	G	N
I	Z	N	Y	W	A	E	O	E	A	B
O	I	D	R	U	T	T	G	R	S	V
N	S	P	I	N	I	S	E	E	D	C
G	P	F	I	C	O	M	A	F	F	X
A	E	U	O	V	N	J	P	D	G	Z
J	D	R	P	H	D	H	E	S	H	L
K	D	C	S	N	F	G	P	A	J	K

Curated by : Richard Sim
Academic Manager
Eversafe Academy Pte Ltd

Source: <https://www.nytimes.com/puzzles/sudoku/easy>



Eversafe Academy – Reach and Impressions for March 2024



Social Media Views

#801

Mobile App Views

#31,587



YOUTUBE IMPRESSION 157



Eversafe Academy believes that creating awareness through Social Media can make a positive impact on the public and learning communities. Eversafe Academy has been producing helpful and informational videos on our YouTube Channel "Eversafe Academy".
Some of the recent videos posted on our channel are



01. Student Testimonial Videos

Posting testimonial videos can be a great way to showcase positive experiences and feedback from the students by obtaining proper consent from them.



2. Course Informational Videos

In February 2024, we proudly showcased a collection of student testimonial videos for our "Diploma in Civil Engineering from Across the World" course. These videos offer firsthand insights and experiences shared by our diverse group of students, highlighting the global reach and impact of our program.



03. Course Overview Videos

In March 2024, we produced several videos featuring our Curriculum Developer, Mr. Ramesh Kumar, explaining the Operate Forklift (OFL) and Manage Work At Height (MWAH) courses along with their benefits.



12. CORPORATE SOCIAL RESPONSIBILITY (CSR EVENTS)



1. We have planned to start the next batch for **Free Yoga Classes for Migrant Workers**, and we are most pleased to share that there was a high demand for this type of FREE classes, which forms part of our Corporate Social Responsibility (CSR) service by Eversafe Academy for the migrant worker community.

BOOK NOW

UPCOMING CLASSES

April 2024

7th 14th 21st 28th

May 2024

5th 12th 19th 26th

Timing: 6 PM to 9.45 PM **Location:** Little India branch,
2 Kampong Kapur Rd, Singapore 208674

2. EA will be conducting **FREE SPOKEN ENGLISH** classes on the below scheduled dates.

UPCOMING CLASSES

- 14th Apr 2024
- 21st Apr 2024
- 28th Apr 2024
- 1st May 2024
- 5th May 2024

BOOK NOW



3. EA has organized blood donation camp on 30th Mar 2024 at Health Sciences Authority, 11 Outram Road, Singapore 169078

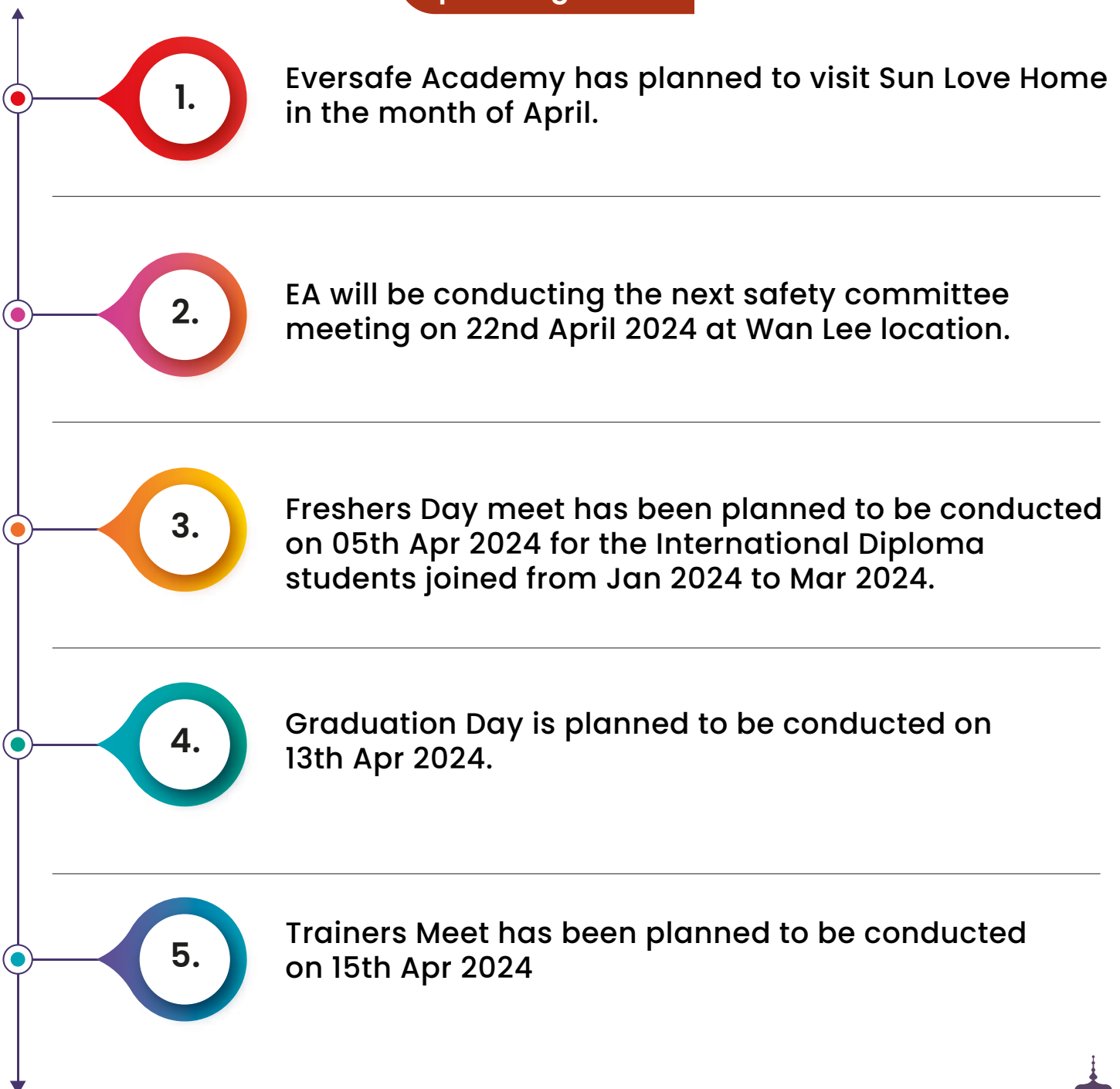


13. LATEST EA COURSES & UPCOMING EVENTS P: 25

Eversafe Academy is soon launching the below list of new courses (courses under development)

1. MEWP Safety Awareness Course for Supervisors (MSAS)
2. Train the Trainer Safe MEWP Operations (T3SMO)

Upcoming Events





**EVERSAFE ACADEMY
SKY MEDITATION CENTRE**

WCSC APPROVAL NO: WCSC/APP/SGP/054

**SCIENCE OF
UNIFIED LIVING**

A revolutionary insight blending Ancient Indian Wisdom
and Contemporary Science

[Join Now](#)



Our Featured Courses:

1. YOGA FOR HUMAN EXCELLENCE – FOUNDATION COURSE
2. KAYAKALPA YOGA
3. INTROSPECTION COURSE (I, II & III)
4. CHILDREN YOGA
5. CERTIFICATE IN YOGA FOR HUMAN EXCELLENCE (CYHE)
6. DIPLOMA IN YOGA FOR HUMAN EXCELLENCE (DYHE)



JOIN OUR YOGA WELNESS COURSES NOW



[Scan QR to View Our Courses in detail.](#)

For more info

Call: +65 6297-8417 | WhatsApp: +65 9381 3608

www.eversafe.edu.sg | training@eversafe.com.sg



**WE ARE
HIRING...**

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► Thank you for being part of our EA Journal community!

It's hard to believe it's been a year since we embarked on this journey together. Over the past 12 months, the EA Journal has been a source of inspiration, knowledge, and growth for our readers. As we wrap up our first year, we'd like to express our gratitude for your unwavering support.

► Reflecting on Our Journey

In our inaugural year, we've explored a wide range of safety-related topics, shared insights from industry experts, and brought you the latest trends and best practices in the field of safety. We've strived to be your trusted source for safety education and awareness, and we're proud of the community that has grown around the EA Journal.

► What's Ahead

As we move forward into our second year, we are committed to continuing our mission of enhancing safety standards across various industries and sectors. We'll bring you even more valuable content, expert insights, and opportunities for networking and growth.

► Subscribe Today & Stay Connected

We encourage you to stay connected with us through our website, webinars, workshops, and events. Your feedback and engagement are invaluable to us as we work together to make the world a safer place.

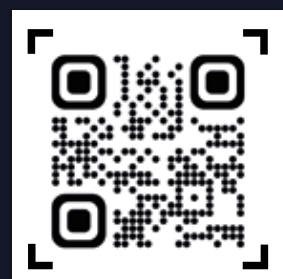
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**THANK YOU ONCE AGAIN FOR YOUR SUPPORT AND FOR BEING A PART OF THE EVERSAFE ACADEMY FAMILY.
WE LOOK FORWARD TO ANOTHER YEAR OF SAFETY, LEARNING, AND GROWTH TOGETHER.**

With warm regards,
The EA Journal Team

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