



## Work at Height Rescue Course (WAHRC)

### For Whom

The course is designed for WSH Trainers, WSH Officers, WSH Consultants, WSH Managers, WSH Professionals, WSH Coordinators, WAH Assessors, WAH Supervisors and WAH Rescue Personnel

### Entry Requirement

WSH Trainers, WSH Officers, WSH Consultants, WSH Managers, WSH Professionals, WSH Coordinators, WAH Assessors, WAH Supervisors and WAH Rescue Personnel.

# Work at Height Rescue Course (WAHRC)

## Course Overview

- The “Work at Height Rescue Course” provides an in-depth exploration of advanced techniques and best practices for safety professionals involved in Work at Height rescue operations. This comprehensive program equips participants with the knowledge and skills necessary to ensure safety during Work at Height rescue operations. Upon successful completion of the “Work at Height Rescue Course” participants will gain a comprehensive understanding of the legal and regulatory requirements related to work at height, enabling them to perform rescue operations in full compliance with the WAH Regulations. Participant will possess the knowledge and skills necessary to provide critical assistance and support during emergencies in elevated environments, ensuring the safety and well-being of personnel. Equipped with expertise, skills, and confidence, safety professionals will excel in work at height rescue scenarios, safeguarding personnel and proactively addressing safety challenges within their organizations.

## Course Content

- This course aims to equip the participants with knowledge to implement and improve the following:
- Legal & Other Requirement as per WSH (Work at Height) Regulations 2013 and Singapore Standard – Code of practice for working safely at height.
- Rescue Equipment for WAH
- Personal Protective Equipment for Rescuer
- Structure of Rescue Team Members and Roles & Responsibilities
- Key Components of Rescue Plan & Type of WAH Rescue and Rescue Procedures
- Hands-on Practical Training and written assessment
- Debrief

## Course Duration

8 hrs including 30 mins of Assessment

## Medium of Instruction

English

## Teaching Methodology

Face to face classroom and practical training

## Assessment Advice

Written Assessment – 30 Mins – Closed Book – 15 MCQs – Passing criteria 70% Practical Performance

## Course Fee

S\$150

# Work at Height Rescue Course (WAHRC)

## Learning Environment

Our ergonomically designed classrooms are fully air-conditioned, equipped with whiteboards; audio/video equipment and free wi-fi.

Well-equipped and maintained WAH Structure and Rescue equipments

## Qualification or experience of facilitators

A facilitator and assessor of this course will possess the following:

WSQ Advanced Certificate in Workplace Safety & Health (WSH) qualification or equivalent.

At least 2 years of training experience in WSH over the last 4 years

At least 5 years of Workplace Safety and Health experience

Advanced Certificate in Training and Assessment (ACTA) qualification or equivalent

## Key Person In charge

Monish V (Administrative Manager)

## Class Size

Maximum 20

## Facilitator/Learner Ratio

1:20 (Class room and Practical Training)

## Course Attendance

75% Attendance

## Funding & Claims

Not Available

# Work at Height Rescue Course (WAHRC)

## Certification

Based on the successful completion of the course and assessment, a Statement of Attainment (SOA) from the Skillsfuture Singapore (SSG) and a Safety Pass from Eversafe Academy Pte. Ltd. will be awarded to the trainee.

E-cert available

## Renewal Points for professionals

CPD/131/T2.0/242422. This Course is awarded with 4 SDUs by the CPD Board

## Course Venue

3 Soon Lee Street, #04-14/16&17, Pioneer Junction, Singapore-627606

2, Joo Koon Road, Singapore-628966

## Registration Venue

No. 2, Kampong Kapur Road, Little India, Near Jalan Besar, MRT Station Exit B, Singapore - 208674

No. 3, Soon Lee Street, #04-14/16 & 17, Pioneer Junction, Singapore - 627606.

No. 2, Joo Koon Road, Singapore - 628966.

No. 2, Wan Lee Road, Singapore - 627934.



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SOP-17-F-09 (WSHMC) Course Brochure, Ver 1.00 Rev 00, 01 July 2023



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