



Operate Heavy Forklift – Refresher (OHFL-R)

For Whom

To refresh the skills required and the techniques to ensure safe operations of the Heavy forklift.

Entry Requirement

Learners are assumed to

Holding a valid Heavy forklift driving license

Above 18 years of age

Safety shoes and proper attire (no singlet/ shorts/ bermudas) are **COMPULSORY** for all

Operate Heavy Forklift (OHFL-R)

Course Overview

- Prepare to carry out forklift operations
- Inspect forklift
- Carry out forklift operations
- Reinstate and hand over forklift

Course Content

Types of forklifts and their load capacities

- Parts of forklift and their functions
- Workplace safety and health code of practice relating to forklift practice
- Protecting loads from damage during documentation
- Reporting procedures if work preparation is not completed
- Main parts of forklifts to be inspected
- Constituents of each main part of forklift to be inspected
- Safety precautions in inspecting forklift
- Cargo handling symbols
- Forklift stability
- Operating procedures for different types of loads
- Safety precautions in lifting potentially hazardous loads
- Operating procedures for different types of terrains and confined spaces
- Workplace safety and health code of practice relating to forklift operations
- Procedures of reporting unsafe/unauthorised forklift practices
- Procedures relating to parking of forklift
- Handover procedures of forklift

Course Duration

4 Hours including 30 minutes Assessment

Medium of Instruction

English

Teaching Methodology

Face to face classroom teaching

Learning Environment

Our ergonomically designed classrooms are fully air-conditioned, equipped with whiteboards; audio/video equipment and free wi-fi.

Class Size

Minimum 4 Maximum 8

Facilitator/Learner Ratio

1:8 for Theory Lesson & Assessment | 1:1 for Practical Lesson & Assessment

Key person incharge

Mr. Monish V (General Manager - Corporate Support Division)

Operate Heavy Forklift (OHFL-R)

Course Attendance

100% Attendance

Assessment Advice

30 Minutes of Practical Assessment

Course Fee

S\$228.90

Course Venue

2 WAN LEE ROAD SINGAPORE- 627934

Renewal Points for professionals

NA

Certification

Based on the successful completion of the course and assessment, a certificate of achievement endorsed by Eversafe Academy Pte. Ltd. will be issued to all trainees. E-cert available

Registration Venue

No. 2, Kampong Kapor Road, Little India, Near Jalan Besar, MRT Station Exit B, Singapore - 208674

No. 3, Soon Lee Street, #04-14/16 & 17, Pioneer Junction, Singapore - 627606.

No. 2, Joo Koon Road, Singapore - 628966.

No. 2, Wan Lee Road, Singapore - 627934.



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